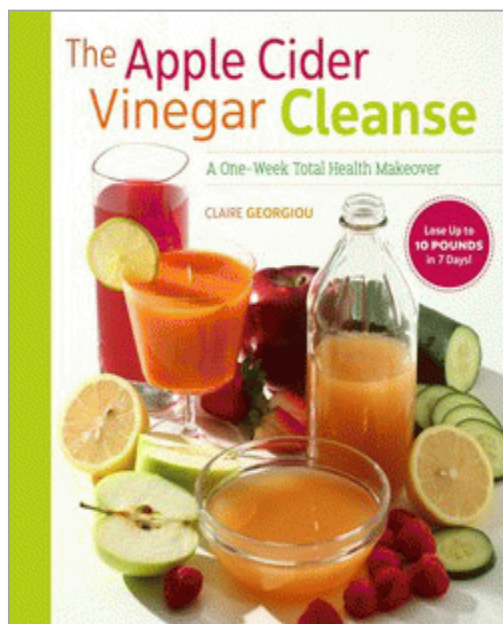


## Advance Information

### The Apple Cider Vinegar Cleanse

Lose Weight, Improve Gut Health, Fight Cholesterol, and More with Nature's Miracle Cure



<b>Author:</b>	Claire Georgiou
<b>ISBN:</b>	9781250107336
<b>Imprint:</b>	St. Martin's Castle Point
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#### Selling Points:

Discover the benefits of Apple Cider Vinegar!

#### Description:

Apple cider vinegar has a cult following among health conscious consumers. Not to be confused with distilled grocery store apple cider vinegar, "ACV" is unfiltered, unprocessed fermented apple cider that is rich in bioactive components that give it potent antioxidant, antimicrobial, anti-glycemic and many other beneficial properties. This enables ACV to help everything from diabetes to heart health to weight loss, sinus congestion, and warts. THE APPLE CIDER VINEGAR CLEANSE will explain the myriad health benefits of ACV and will offer a 7 day cleanse to help readers jump start their weight loss and journey to better health.