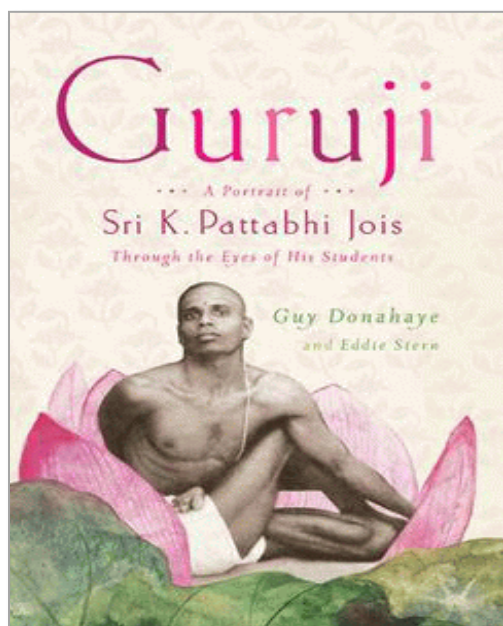


Advance Information

Guruji

A Portrait of Sri K. Pattabhi Jois Through the Eyes of His Students



Author:	Guy Donahaye, Eddie Stern
ISBN:	9780374532833
Imprint:	Farrar, Straus and Giroux
BIC Category:	Spirituality & religious experience Oriental & Indian philosophy
Dimensions:	210 x 140
Binding/PP:	Paperback, 464 pp
Rights Countries:	Ireland & United Kingdom
Pub. Date	01 Oct 2012
Price:	GBP18.99
Illustrations:	Illustrations

Selling Points:

An unprecedented portrait of a great yoga teacher and how teachings and traditions are transmitted and passed on.

Anyone interested in the living tradition of yoga will find Guruji richly rewarding.

Description:

It is a rare and remarkable soul who becomes legendary during the course of his life by virtue of great service to others. Sri K. Pattabhi Jois was such a soul, and through his teaching of yoga, he transformed the lives of countless people. The school in Mysore that he founded and ran for more than sixty years trained students who, through the knowledge they received and their devotion, have helped to spread the daily practice of traditional Ashtanga yoga to tens of thousands around the world. Guruji paints a unique portrait of a unique man, revealed through the accounts of his students. Among the thirty men and women interviewed here are Indian students from Jois's early teaching days, intrepid Americans and Europeans who travelled to Mysore to learn yoga in the 1970s, and important family members who studied as well as lived with Jois and continue to practice and teach abroad or run the Ashtanga Yoga Institute today. Many of the contributors (as well as the authors) are influential teachers who convey their experience of Jois every day to students in many different parts of the globe.

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